

CHICKEN PASTA SALAD WITH CREAMY DRESSING

 Author: Nagi | Recipe Tin Eats  Prep: 20 mins  Cook: 10 mins  Serves 4-6

Ingredients

- 250g pasta
- 1 tbsp salt (to cook pasta)

PASTA SALAD

- 1.5 cups cooked chicken - shredded
- 75g bacon chopped
- 1 celery stalk finely sliced
- ½ red capsicum finely diced
- 1 green onion finely sliced
- 1 carrot grated
- 1 cup shredded cheese (cheddar, tasty, Colby)
- 1 avocado cut into bite size pieces

DRESSING

- ½ cup whole egg mayonnaise
- ½ cup sour cream
- 1.5 tbsp cider vinegar
- 2 tsp Dijon mustard
- 2 tsp sugar
- ¾ tsp garlic powder
- 1 tsp salt
- ½ tsp pepper

Instructions

1. Cook pasta: Bring a large pot of water to the boil. Add salt, then cook pasta per packet directions. Drain well, let cool.
2. Dressing: Mix Dressing ingredients in a bowl, Set aside 10 minutes +
3. Cook bacon: Place bacon in a cold non-stick skillet. Turn stove on to medium high, then cook bacon until golden. Drain on paper towels.
4. Toss! Place cooked pasta in a large bowl along with all the Pasta Salad ingredients, reserving some back for garnish. Pour over Dressing, then toss well.
5. Set aside for 20 minutes. Transfer to serving bowl, sprinkle with remaining bacon. Serve!
6. Storage: Keeps for 3 - 4 days in the fridge. Best to bring to room temp before serving!



USEFUL NUMBERS

Newks Plumbing: 0418 800 018
Groves Electrical: 0439 668 158
Emergency Services: 000
Crime Stoppers: 1800 333 000
Police Link: 13 14 44
SES: 13 25 00
Lifeline: 13 11 14

CONTACT US

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HOUSING SERVICE

Spring Update

www.communityaction.com.au

2026

WHATS NEW



Improvements Completed



- ✓ Completion of Meth remediated units
- ✓ 6 new tenants joined us last quarter
- ✓ 2 tenants moved from transitional to long term owned properties



Repairs Completed

- 184+ maintenance repairs completed last quarter
- \$185,000+ spent on those repairs
- Most jobs scheduled in 1 - 2 business days



Good to Know

Spring is a great time to give your home a freshen up.



Clear away clutter from doorways, paths and balconies



Give exhaust fans, window tracks and screens a clean



Check around your home for any maintenance issues



Report leaks, damage or repairs to us before they become bigger problems.

A few small jobs can make your home feel fresh and ready for the warmer months.

FROM OUR COMMUNITY

Spring has arrived!

With the warmer weather arriving, it is a great time to open up the house, let some fresh air in and enjoy the longer days.

Tenant Tip: Opening windows and doors when the weather allows can help improve ventilation and reduce the need to clean mould. Remember to use security screens and lock doors and windows when you leave home.

Have a tip to share?

Do you have a favourite budget recipe, gardening tip, photo or household idea? Send it to Housing and it may be included in our next newsletter.



WE WANT TO HEAR FROM YOU!

Community Action Housing Service is inviting all tenants to complete our 2025-2026 Tenant Satisfaction Survey.

Your feedback is important to us and helps us to understand what we are doing well and where we can improve our services. The survey is voluntary and anonymous, unless you choose to provide your contact details at the end.

The survey only takes around 3-5 minutes to complete.

HOW CAN I COMPLETE THE SURVEY?

You can:

- Scan the QR code on this page using the camera on your mobile phone or tablet
- Use the survey link that we will be sending to tenants via SMS; or
- Request a paper copy by calling our office on 5482 8959 (option 4), and we will happily send one out to you.



Scan the QR code with the camera on your mobile phone or tablet to complete the survey.

We encourage as many tenants as possible to have their say. Your feedback helps us to continue to improve the housing services we provide.

Thank you for taking the time to share your feedback with us!

NO GARDEN? NO PROBLEM!

You don't need a big backyard to grow something this spring. Many herbs and vegetables are happy growing in pots or containers.

Try easy-to-grow favorites such as basil, parsley, mint, lettuce or cherry tomatoes. A sunny spot, a suitable pot with drainage, regular watering and a little care may be all you need.

Tenant Tip: If you are using pots, remember to use a saucer or suitable protection underneath to help prevent water staining or damage to balconies and patios.

Take a photo of your garden and send it in, we would love to showcase it in the next newsletter!



EVERY DROP COUNTS

Water is one of Australia's most precious natural resources. Whether or not we pay directly for the water we use, we all have a part to play in looking after it.

Being water wise isn't just about reducing a water bill - it's about using only what we need and protecting this important resource for our communities, environment and future generations.



SMALL CHANGES CAN MAKE A DIFFERENCE

Being water wise doesn't mean going without. It is simply about not wasting what we don't need.



Turn the tap off while brushing your teeth.



Take a slightly shorter shower



Wait for a full load before using the washing machine or dishwasher



Don't leave taps running unnecessarily when washing dishes or preparing food



Water gardens and pot plants only when they need it

SEE A LEAK? PLEASE LET US KNOW

A small leak may not look like much, but water continually dripping or running can add up to a significant amount of wasted water.

Please contact us if you notice:

- dripping taps that won't stop
- a toilet that continues running after it has been flushed
- leaking pipes or fittings
- unexplained water pooling around the property
- any other plumbing problem that may be wasting water

Every small action counts. By using water wisely today, we are helping look after Australia's water and environment for tomorrow